

2018 FALL CONFERENCE

NCAOHN



OCTOBER 31
TO
NOVEMBER 2

DOUBLETREE BY
HILTON

2717 W FORT MACON
RD.
ATLANTIC BEACH, NC

252-222-4010

SCHOLARSHIP
DEADLINE
SEPTEMBER 20, 2018

ROOM RESERVATION
DEADLINE
OCTOBER 1, 2018

CONFERENCE
REGISTRATION DEADLINE
OCTOBER 17, 2018



Don't Be Spooked by Mental Health: It's Not Scary

*NCAOHN is returning to the Crystal Coast to continue the
mental health focus for 2018.*

*Please join your OHN colleagues as we learn how to provide
Mental Health First Aid and
recognize unsafe situations at work and home!*

*Self-care activity....Taking Care of You
participate in a Jazzercise session or walk on the beach!*

*****Happy Halloween*****

*Please come to the President's Reception on Wednesday evening
in your favorite Halloween costume.*

This activity has been submitted to the American Association of Occupational Health Nurses (AAOHN) for approval to award 11 contact hours.. AAOHN is an accredited approver of continuing nursing education by the American Nurses Credentialing Center's Commission on Accreditation.

Conference Program

Wednesday Preconference

Recognizing Unsafe Situations at Work and Home

Thursday and Friday Conference

Taking Care of You...Jazzercise or Walk on the Beach

What is Mental First Aid?

Mental Health Problems in the US

The Mental Health First Aid Action Plan

Understanding Depression and Anxiety Disorders

Crisis First Aid for Suicidal Behavior and Depressive Symptoms

What is Non-Suicidal Self Injury

Non-crisis First Aid for Depression and Anxiety

Crisis First Aid for Panic Attacks and Traumatic Events

Understanding Disorders in Which Psychosis May Occur

Crisis First Aid for Acute Psychosis

Understanding Substance Use Disorder

Crisis First Aid for Overdose and Withdrawal

Using Mental Health First Aid

"Mental Health First Aid is a public education program that introduces participants to risk factors and warning signs of mental illnesses, builds understanding of their impact, and overviews common supports. This 8-hour course uses interactive sessions and simulations to demonstrate how to offer initial help in a mental health crisis and connect persons to the appropriate professional, peer, social, and self-help care. The program also teaches the common risk factors and warning signs of specific types of illnesses, like anxiety, depression, substance use, bipolar disorder, eating disorders, and schizophrenia."

Conference Information

Room Reservations

Reservations can be made by calling the Doubletree at 252-222-4010 or at :

https://doubletree.hilton.com/en/dt/groups/personalized/O/OAJDTDT-OHN-20181031/index.jhtml?WT.mc_id=POG

Reservations received after October 1 will be accepted on a space and availability basis only.

Scholarships

Contact Cynthia Sacona at cynthia.sacona@corning.com or 828-901-6605.

Scholarship Applications are due by September 20, 2018 (Does not include pre-conference fee.)

Paypal Information

PayPal is used for the convenience of paying by credit card. There is a service charge for using Paypal which is included in your registration when paying by credit card.

Refund Policy

Less \$25 admin. fee is refundable only if WRITTEN notice is received by October 26, 2018

Conference Meals

Guests may attend breakfast on Thursday and Friday and the luncheon on Thursday for an additional cost of \$30/meal. Family members/friends are welcome at Wednesday reception at no additional cost.

NCAOHN Disclosure Statement

Presenters and planners have no conflicts of interest affecting this continuing education (CE) activity. Partial credit may be received for this conference. **No partial credit may be received for the pre-conference.** Each attendee must sign the Attendance Roster for each session they attend in addition to completing the Attendance Verification Form which will note the individual sessions attended. The total amount of hours noted on the Attendance Verification Form will be the number of hours placed on the CE certificate. Each attendee must also complete the Conference Evaluation.

There is no involvement of commercial support for this CE activity. There is no implied endorsement of any commercial product by AAOHN or NCAOHN. There will be no discussion of off-label uses of drugs as defined by the FDA during this CE activity.

For additional conference information contact Cara Winstead at cbwinstead@nc.rr.com

Conference Registration Form

Deadline: October 17, 2018

Name _____ Email address _____

Company _____ Phone _____

Address _____

City _____ State _____ Zip _____ Chapter _____

****All attendees must complete registration form and send to Conference Registrar Jill Simons****

Please tally your fees and total them below.

To pay by credit card go to the NCAOHN website www.ncaohn.org and follow the directions for using Paypal.

If paying by check make checks payable to NCAOHN and send to Jill Simons at the address below.

	AAOHN Members	Non Members	
Payment by Check			
Wed Pre-conference	\$ 55	\$ 55	_____
Thurs and Fri Main Conf	\$250	\$300	_____
Both Conferences	\$305	\$355	_____
Payment by Paypal			
Wed Pre-conference	\$ 60	\$ 60	_____
Thurs and Fri Main Conf	\$255	\$305	_____

Both Conferences	\$315	\$365	_____

Name on Credit Card _____

Retiree Registration Fee \$ 75 \$125 _____

Student Registration Fee \$ 125 (members and non members) _____
Contact Jill Simons to determine eligibility for the student rate.

TOTAL _____

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