

2019 SPRING CONFERENCE

NCAOHN



MARCH 20—22, 2019

HAWTHORNE INN

420 HIGH STREET
WINSTON-SALEM, NC
27101

1-336-777-3000

SCHOLARSHIP
DEADLINE
FEBRUARY 4, 2019

ROOM RESERVATION
DEADLINE
FEBRUARY 18, 2019

CONFERENCE
REGISTRATION DEADLINE
MARCH 6, 2019



Work and Health: Past Reflections & Present OHN Practice Exploration

NCAOHN is headed to Winston Salem.

This conference will have all the great education opportunities as others but we will be on the move!

Thursday will be composed of site visits to Triad companies. Several Triad OHNs will be hosting tours of their workplaces. This will be a time to explore present OHN practices, and learn from each other.

Friday will focus on a visit to Old Salem to reflect and learn about the work and health of those during that time.

Kay Campbell, AAOHN Foundation Executive Director will be facilitating the Thursday and Friday sessions

*****You will not want to miss the Wednesday Preconference*****

***Body Language: What Workers are Really Communicating
Our own Joni Barrie will present information about body language and what we can learn from our employees when they don't say a word!***

This activity has been submitted to the American Association of Occupational Health Nurses (AAOHN) for approval to award 12 contact hours. AAOHN is an accredited approver of continuing nursing education by the American Nurses Credentialing Center's Commission on Accreditation.

Program Description

As noted this conference will follow a different schedule and format.
We will participate in experiential learning which is defined as "learning through experience".

The Wednesday preconference **Body Language: What Workers are Really Communicating** will be presented by an NCAOHN member, Joni Barrie who will explain what body language communicates, how to tell when an employee is being truthful or NOT and many other "practical pearls" for the OHN and their practice as they work to understand body language.

On Thursday, we will divide in groups and visit a Triad OHN at his/her company. This visit will include a tour followed by lunch and time together to reflect on your experience. You will have the opportunity to practice your assessment skills in a different environment and then come together to share your observations. It will be a time to learn from each other. This is a great way to get ideas for something you may be trying to implement in your practice at your workplace. Some of the most helpful information we take away from a conference is something we learned from another colleague!

You will be assigned to a company and learn the tour details at registration.

On Friday, we will visit the Moravian community of Old Salem and participate in the **Footsteps Through History** self-guided tour including the exhibit "**Moravian Way of Health and Healing**" which explains how Moravians were very progressive especially with regards to their health. Unlike many historic communities the Moravians had university educated and trained physicians. We will learn about how they used herbs in foods for medicinal purposes, medical tools, the apothecary, how the Moravians dealt with death and dying, their workplaces and how they used music from birth to death. This will be an opportunity to reflect and learn how the health practices of the past may help you in your practice today.

Conference Agenda

Wednesday March 20, 2019

| | |
|--------------|--|
| 12:00 - 2:00 | NCAOHN Board Meeting and Luncheon |
| 1:00 - 5:00 | Registration |
| 2:00 - 4:00 | Body Language: What Workers are Really Communicating <i>Joni Barrie RN, COHN</i> <i>OHN PotashCorp</i> <i>Aurora, NC</i> |
| 2:00 - 4:00 | Vendor Set Up |
| 4:30 - 5:30 | President's Reception |

Thursday March 21, 2019

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|-------------|--|
| 6:30 - 7:00 | Registration |
| 7:00 - 8:30 | Business Meeting Breakfast |
| 8:30-9:00 | Kicking Off the Day: Present OHN Practice Exploration <i>Kay Campbell EdD, RN-C, COHN-S, FAAOHN</i> <i>AAOHN Foundation Executive Director</i> <i>Cary, NC</i> |
| 9:00 - 9:30 | Visit Vendors |
| 9:30 - 2:00 | Present OHN Practice Exploration <i>Field Trips to Triad Companies (lunch provided by the company during visit)</i> |
| 2:00 - 2:30 | Visit Vendors |
| 2:30- 4:00 | Field Trip Reflection and Lessons Learned |

Friday March 22, 2019

| | |
|-------------|--|
| 7:00 - 8:00 | Breakfast |
| 8:00 - 8:30 | Reflecting on the Past: Introduction to Old Salem |
| 8:30- 9:30 | Hotel Check Out and Travel to Old Salem |
| 9:30-12:00 | Reflecting on the Past: Old Salem Tour and Visit |
| 12:00-12:30 | Closing and Conference Wrap Up at Old Salem |



Conference Information

Room Reservations

Reservations can be made by calling the Hawthorne Inn at 1-336-777-3000
Reservations received after February 18 deadline will be accepted on a space and availability basis only.

Scholarships

Contact Cynthia Sacona at cynthia.sacona@corning.com or 704-929-0622.

Scholarship Applications are due by February 4, 2019 (Does not include pre-conference fee.)

Paypal Information

PayPal is used for the convenience of paying by credit card. There is a service charge for using Paypal which is included in your registration when paying by credit card.

Refund Policy

Less \$25 admin. fee is refundable only if WRITTEN notice is received by March 15, 2019.

Conference Meals

Guests may attend breakfast on Thursday and Friday at an additional cost of \$25. Family/friends are welcome at the Wednesday reception at no additional cost.

NCAOHN Disclosure Statement

Presenters and planners have no conflicts of interest affecting this continuing education (CE) activity. Partial credit may be received for this conference. **No partial credit may be received for the pre-conference.** Each attendee must sign the Attendance Roster for each session they attend in addition to completing the Attendance Verification Form which will note the individual sessions attended. The total amount of hours noted on the Attendance Verification Form will be the number of hours placed on the CE certificate. Each attendee must also complete the Conference Evaluation. There is no involvement of commercial support for this CE activity. There is no implied endorsement of any commercial product by AAOHN or NCAOHN. There will be no discussion of off-label uses of drugs as defined by the FDA during this CE activity.

For additional conference information contact Cara Winstead at cbwinstead@nc.rr.com

Conference Registration Form

Deadline: March 6, 2019

Name _____ Email address _____

Company _____ Phone _____

Address _____

City _____ State _____ Zip _____ Chapter _____

****All attendees must complete registration form and send to Conference Registrar Jill Simons****

Please tally your fees and total them below.

To pay by credit card go to the NCAOHN website www.ncaohn.org and follow the directions for using Paypal.

If paying by check make checks payable to NCAOHN and send to Jill Simons at the address below.

| | AAOHN Members | Non Members | |
|----------------------|---------------|-------------|-------|
| Payment Check | | | |
| Wed Pre-conference | \$ 55 | \$ 55 | _____ |
| Thurs and Fri Conf | \$250 | \$300 | _____ |
| Both Conferences | \$305 | \$355 | _____ |

| | | | |
|-----------------------|-------|-------|-------|
| Payment Paypal | | | |
| Wed Pre-conference | \$ 60 | \$ 60 | _____ |
| Thurs and Fri Conf | \$255 | \$305 | _____ |
| Both Conferences | \$315 | \$365 | _____ |

Name on Credit Card _____

Retiree Registration Fee \$ 75 \$125 _____

Student Registration Fee \$ 125 (members and non-members) _____
Contact Jill Simons to determine eligibility for the student rate.

TOTAL _____

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