

2019 FALL CONFERENCE

NCAOHN



NOVEMBER 5 - 8, 2019

EMBASSY SUITES
KINGSTON
PLANTATION

9800 QUEENSWAY
BLVD
MYRTLE BEACH, SC
29572

800-876-0010

SCHOLARSHIP
DEADLINE
SEPTEMBER 15, 2019

ROOM RESERVATION
DEADLINE
OCTOBER 6, 2019

CONFERENCE
REGISTRATION DEADLINE
OCTOBER 22, 2019



Recognizing Mental UNHealthiness: What Does it Look Like?

NCAOHN is returning to Myrtle Beach A DAY EARLY!!

Take advantage of additional preconference sessions

Join your OHN colleagues and learn how to recognize risk factors and warning signs of mental illness and how to provide Mental Health First Aid!

*Self-care activity....Taking Care of You
participate in a Jazzercise session or walk on the beach!*

This activity has been submitted to the Commission for Case Manager Certification and the American Association of Occupational Health Nurses (AAOHN) for approval to award 16 contact hours. AAOHN is an accredited approver of continuing nursing education by the American Nurses Credentialing Center's Commission on Accreditation.

NCAOHN Colleagues

This conference is starting a day early in order to offer more continuing education sessions. It is basically a pilot conference and offering a longer conference will assist the Education Committee in planning future conferences.

You will see there are four preconference sessions between Tuesday and Wednesday. There is a charge for each session to help cover additional expenses associated with a longer conference. Please understand that this is a work in progress and we are learning as we go.

The goal of the Education Committee is to plan quality and cost effective continuing education programs and we strive to do so in our planning. Please make plans to join us in Myrtle Beach!

Many thanks,

NCAOHN Education Committee

Tuesday and Wednesday Preconference

Tuesday November 5, 2019

1:00 - 5:00 Registration

2:00 - 4:00 **Preconference #1**
The ABCs of CBD Products: What the OHN Needs to Know
James Taylor MD
XXXXXXXXXX

Wednesday November 6, 2019

9:00 - 5:00 Registration
Windsor Ballroom Prefunction Area

9:30 - 11:30 **Preconference #2**
Mobile Occupational Health Unit: Making a Difference in the Workplace
Janelle Bostic BSN, COHN-S
Senior OHN
Syngenta
Greensboro, NC

1:00 - 2:30 **Preconference #3**
Social Media Challenges in the Workplace: Cyberbullying, Sexting and More
Lindsay Carpenter DNP, PMHNP-BC DNP, PMHNP-BC
Psychiatric-Mental Health Nurse Practitioner and Medical Director
Pinnacle Point Supportive Services
Charlotte, NC

3:00 - 4:30 **Preconference #4**
Immunization Update for the OHN
Division of Public Health, Immunization Branch
North Carolina Department of Health and Human Services
Raleigh, NC

4:30 **President's Reception**
Vista 1 and 2 Buffet Area of Embassy Suites

Thursday and Friday Conference

Mental Health First Aid

"A public education program that introduces participants to risk factors and warning signs of mental illnesses, builds understanding of their impact, and overviews common supports. This 8-hour course uses interactive sessions and simulations to demonstrate how to offer initial help in a mental health crisis and connect persons to the appropriate professional, peer, social, and self-help care. The program also teaches the common risk factors and warning signs of specific types of illnesses, including anxiety, depression, substance use, bipolar disorder, eating disorders, and schizophrenia."

Conference Speakers

James Osborne LPA, LCAS

Director of Community Education and Outreach

Alliance Behavioral Healthcare Durham, NC

Wendy Gantt MA, LPC

Community Education Specialist

Thursday November 7, 2019

6:00 - 7:00 **Self-Care Session: Back to the Basics: Benefits of Exercise**

Jackie Nusbaum

Jazzercise Instructor Cary, NC

7:00 - 8:00 Breakfast and Registration

8:00 - 9:30 **Mental Health First Aid Action Plan**

Understanding Depression

9:30 - 10:00 Break

10:00 - 11:30 **Understanding Anxiety Disorders**

Crisis First Aid for Suicidal Behavior and Depressive Symptoms

Non-Suicidal Self-Injury

11:30 - 1:30 Business Meeting, Vendor Recognition, Lunch

1:30 - 3:00 **Non-Crisis First Aid for Depression and Anxiety**

Crisis First Aid for Panic Attacks and Traumatic Events

2:30 - 3:00 Break

3:00 **Self-Care Session: Back to the Basics: Benefits of Exercise**

Jackie Nusbaum

Jazzercise Instructor Cary, NC

Friday November 8, 2019

7:00 - 8:00 Breakfast

8:00 - 9:30 **Understanding Disorders Associated with Psychosis**

Crisis First Aid for Acute Psychosis

9:30 - 10:00 Break

10 - 12:00 **Understanding Substance Use Disorder**

Crisis First Aid for Overdose and Withdrawal

Using Mental Health First Aid

Conference Information

Conference Meals

The following meals/reception/breaks are included in your conference registration:

- Tuesday Afternoon Break
- Wednesday Breakfast
- Wednesday Afternoon Break
- Wednesday President's Reception
- Thursday Breakfast, Lunch and Breaks
- Friday Breakfast and Break

Breakfast is included in your room cost when staying at the Embassy Suites.
If staying at another hotel please request a breakfast ticket at the registration table.

Attendees responsible for the following meals:

- Tuesday and Wednesday Lunch
- All evening meals

Family members or friends who would like to attend lunch on Thursday the cost is \$25.00.

Room Reservations

Reservations by phone call Embassy Suites at 800-876-0010 Option 2 for the Embassy Suites Myrtle Beach Resort. Identify yourself as an attendee of the NC Association of Occupational Health Event and use the following SRP code: **OHN**

Reservations online see web page address/link below

https://embassysuites.hilton.com/en/es/groups/personalized/M/MYRESES-OHN-20191104/index.jhtml?WT.mc_id=POG

Reservations received after October 6 will be accepted on a space and availability basis only.

Scholarships

Contact Cynthia Sacona at cynthia.sacona@corning.com or 828-901-6605.

Scholarship Applications are due by September 15 2019

Paypal Information

PayPal is used for the convenience of paying by credit card. There is a service charge for using Paypal which is included in your registration when paying by credit card.

Refund Policy

Less \$25 admin. fee is refundable only if WRITTEN notice is received by November 1, 2019

NCAOHN Disclosure Statement

Presenters and planners have no conflicts of interest affecting this continuing education (CE) activity. Partial credit may be received for this conference. **No partial credit may be received for the pre-conference.** Each attendee must sign the Attendance Roster for each session they attend in addition to completing the Attendance Verification Form which will note the individual sessions attended. The total amount of hours noted on the Attendance Verification Form will be the number of hours placed on the CE certificate. Each attendee must also complete the Conference Evaluation.

There is no involvement of commercial support for this CE activity. There is no implied endorsement of any commercial product by AAOHN or NCAOHN. There will be no discussion of off-label uses of drugs as defined by the FDA during this CE activity.

For additional conference information contact Cara Winstead at cbwinstead@nc.rr.com

Conference Registration Form

Deadline: October 22, 2019

Name _____ Email address _____
 Company _____ Phone _____
 Address _____
 City _____ State _____ Zip _____ Chapter _____

****All attendees must complete registration form and send to Conference Registrar Jill Simons****

Please tally your fees and total them below.

To pay by credit card go to the NCAOHN website www.ncaohn.org and follow the directions for using Paypal.
 If paying by check make checks payable to NCAOHN and send to Jill Simons at the address below.

	AAOHN Members	Non Members	
Payment by Check			
Tues Pre-conference #1	\$ 45	\$ 45	_____
Wed am Pre-conference #2	\$ 45	\$ 45	_____
Wed pm Pre-conference #3	\$ 45	\$ 45	_____
Wed pm Pre-conference #4	\$ 45	\$ 45	_____
Thurs and Fri Main Conf	\$250	\$300	_____

Payment by Paypal			
Tues Pre-conference #1	\$50	\$ 50	_____
Wed am Pre-conference #2	\$50	\$ 50	_____
Wed pm Pre-conference #3	\$50	\$ 50	_____
Wed pm Pre-conference #4	\$50	\$ 50	_____
Thurs and Fri Main Conf	\$ 255	\$ 305	_____

Name on Credit Card _____

Retiree Registration Fee \$ 75 \$ 125 _____

Student Registration Fee \$ 125 (members & non members) _____

Contact Jill Simons to determine eligibility for the student rate.

TOTAL _____

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